

## Training in Tactical Survival



**Chennai:** Survival Instincts, in association with KravMaga Global (KMG), organised a training session at Indian Army facilities recently. Survival Instincts, which trains people in tactical survival and Search and Rescue (SAR) operations, shared tactical and battlefield operation expertise during the programme.

Army officers were given 'safe weapons' — ones that may not fire accidentally — during the training sessions. Longer weapons were marked in 'military safety blue' and pistols were marked in 'law enforcement safety orange'. The officers were trained to use rifles, carbines, handguns and knives as extensions of their limbs, and use them to disengage, counter attack and neutralise a close quarter enemy combatant. Close Quarter Combat (CQC) principles were also tested using closed armor worn by commando units to ensure that the reduced mobility does not compromise safety of the soldiers. "Although the principles of CQC for soldier is significantly different than training a civilian, one step is common — disengagement. It is the process of using your firearms with your hands, fingers, elbows, legs, knee and feet, to strike, grapple, or submit the assailant, prior to counter-attacking and neutralising the threat," said Anoop Madhavan, founder of Survival Instincts.

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